

# Connect



## ALL ABOARD!

It's a brand new year! Surely students and teachers alike had a wonderful summer and are glad to see each other again. We're looking forward to an active and fruitful year.

Some chapters will start out the year with a strong membership, and others may start out with few members because of seniors who graduated last year. Whatever the situation,

we've provided some membership drive activities you can do to get your chapter up and running.

- Put up posters about SADD around school to announce your meeting. Make them fun and easy to read at a glance. Students walk down the hall in a hurry, so make sure your poster jumps out at them. Offer food; this is often a big draw to get students to the meeting.
- Visit other classes, give out a SADD information sheet about what your SADD chapter does, and invite them to your meeting. Make the meeting sound fun and appealing. Provide a sign up sheet for each class.



Southeast Raleigh High School Advisor Phyllis Norfleet (2nd from left) and SADD students work the SADD membership table outside the school cafeteria. Great effort, Southeast. **Go Bulldogs!**

- Make announcements about your meetings on the PA system. Since students often tune out announcements, be sure yours are clear, creative, and to the point. Follow up with posters announcing your meeting dates, times and locations.
- Put invitations to join SADD on the windshields of students' cars.
- Write an article for your school newsletter about SADD and its members, activities and goals.
- Put up a SADD bulletin board with posters, pictures, news clips, etc. about what SADD does.

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### Ideas? Questions? Concerns?

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### Visit NC SADD.

[www.ncsadd.org](http://www.ncsadd.org)

Facebook: ncsadd

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### SADD National

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Council for Women &  
Youth Involvement  
ADMINISTRATION

- Personally invite people to join.
- Do a skit or rap during lunch to let everyone know about SADD and invite them to a meeting.
- Be sure to reach out to a diverse group of students. Always remember that SADD is an inclusive organization. We can't help students with alcohol or other problems if we shut them out.
- Make sure that your meetings are fun, and make an extra effort to introduce everyone so that no one feels left out.
- Give everyone a job to do right away so they know that they are needed. Good luck! Building a strong chapter is a sign of good leadership.

### ROLLING OUT THE WELCOME WAGON



Our office has a new home and a new director, Gale Wilkins. We welcome her to our SADD family. The students who participated in the Women and Girls

Initiative at the Executive Mansion the last two years have already met her. In turn, Wilkins welcomes SADD with the following message:



Gale Wilkins  
Executive Director

*Greetings SADD members, Welcome back to school and to your new agency! Recent organizational changes in the Department of Administration have resulted in the combination of two separate advocacy agencies--the NC Council for Women and the Youth Advocacy & Involvement Office (the home of SADD)--into a joint agency now called the Council for Women & Youth Involvement. I am familiar with the great work SADD has done over*

*the years, and I am hopeful that this change will provide more stability and longevity for this valuable program. The Council for Women will continue its advocacy for the wellbeing of families, women and girls, and Youth Involvement will continue its advocacy for the wellbeing of all youth.*

*We are grateful to have SADD as a part of our agency, and we look forward to helping you continue to make a positive difference in your schools and communities.*

We appreciate such a warm and friendly welcome from our new executive director. We know that with her support, the NC SADD program will become even stronger.

### New Chapters

Let's all join together in a hearty **'WELCOME!'** to the newest members of our SADD family:



**Clyde Erwin High School SADD** in Asheville (Buncombe County) is getting started under the leadership of English teacher Stephanie Day. We are excited about working with Clyde Erwin SADD, and we'll do all we can to help them be their best. **Go Warriors!**



**Green Hope High School SADD** in Cary (Wake County) is getting started due to the diligence of two students who contacted the state coordinator to say, "We've got an advisor, what do we do next?" With that level of commitment, this new chapter is bound to thrive. Green Hope SADD is under the leadership of Heather Hill, the autism support teacher and girls junior varsity soccer coach at Green Hope High. **Go Falcons!**



**Reid Ross Classical High School SADD** in Fayetteville (Cumberland County) was up and running by the beginning of school because of the diligent work of school counselor and chapter advisor, Rangel McLaurin. McLaurin worked with the state coordinator and a group of students over the summer so everything would be in place when school started. Reid Ross SADD should be a success with such a dedicated advisor. **Go Cougars!**

### TEEN ACADEMY GRADUATE

Student Advisory Board member Rosalyn Wilkinson of West Iredell High School in Statesville is a summer graduate of the Iredell County Sheriff's Office 2016 Teen Academy. The students went through a

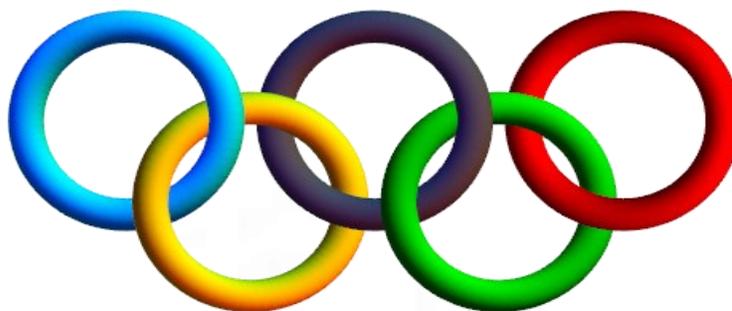


Rosalyn Wilkins (back row, 2nd from right) with fellow Teen Academy graduates

series of trainings to learn more about challenging issues such as bullying, cyber crimes, peer pressure, social media, texting, and drugs. Not only did they learn a lot, the teens were able to form friendships with law enforcement that they say will last throughout their lives. Sherriff's Office deputies said they were blessed to spend time with these young

people, and expect great things from them in the future. That is a sentiment with which NC SADD agrees wholeheartedly. Congratulations to Wilkinson and her classmates for a job well done. To learn more about Iredell County's Teen Academy, contact Capt. Randy Cass at 704-924-4035 or [randy.cass@co.iredell.nc.us](mailto:randy.cass@co.iredell.nc.us).

## *SADD Olympic Games 2016*



*Safe. Sober. SADD.*

**Join us November 18-20 for the 2016 Annual NC SADD Leadership Conference.** The conference will be a three-day retreat at the Sheraton Imperial Hotel and Convention Center in Durham. The theme for the conference is the Olympics, and our slogan is "Safe. Sober. SADD." Participants will receive tee shirts indicative of Olympic jerseys. Each school is asked to make a flag to represent their club at the opening ceremonies and throughout the conference. We will have the Olympic Games on Friday night, and there will be medals for the winners!

Although we'll have lots of fun at the conference, you'll also learn effective, science-based methods of prevention, advocacy, and making a positive difference in your schools. We are excited to have Rick Birt, Executive Vice President of SADD, Inc. at our conference this year. There will be expert speakers on safety and prevention, and interesting, interactive workshops on traffic safety, pregnancy prevention, alcohol, tobacco and other drug use, teen dating abuse, and body image. There will also be enrichment opportunities for advisors.

SADD chapters that attend the conference each year report improvements at their schools such as higher seat belt use by students and fewer instances of bullying and violence. It is especially important to attend the conference if you have a new chapter. It will help you get started in the right direction. Students will have the opportunity to interact with and learn from their counterparts across the state, and new advisors will have the opportunity to learn from the veterans. Veteran advisors will be inspired to hold on for another year!

If you haven't already started fundraising to sponsor your trip to the conference, get busy! You don't want lack of funds to keep your chapter from this incredible experience. You'd be surprised at the number of businesses or agencies what would jump at the opportunity to sponsor you if they knew the positive difference your students are trying to make. You will receive detailed conference information and the registration packet shortly. Conference details will also be posted on our website at [www.ncsadd.org](http://www.ncsadd.org). See you in November!

## MEET OUR NEW STUDENT ADVISORY BOARD



(Front row, l-r) Rosalyn Wilkinson, Tamia Lipscomb, Alexis Williams, Katelynn May and Cherish Matson; (Back row, l-r) Gavin Brundidge and Tre'Von Raye; (Not pictured) Dontavian Smith

Congratulations to the deserving students who were selected to serve on the 2016-17 Student Advisory Board (SAB). The following students comprise the Board: **Gavin Brundidge**, senior, West Johnston High School, Benson; **Tamia Lipscomb**, junior, Person High School, Roxboro; **Cherish Matson**, junior, Southwest High, Jacksonville; **Katelynn May**, senior, JP Knapp Early College High School, Currituck; **Tre'Von Raye**, senior, Cape Fear High School, Fayetteville; **Dontavian Smith**, senior, Person High School; **Rosalyn Wilkinson**, junior, West Iredell High School, Statesville; and **Alexis Williams**, senior, Person High School. This is Alexis' second term on the SAB.

These students are role models in their schools who have shown leadership and commitment to the SADD mission of empowering their peers to make good decisions. They are the voice of SADD youth at the state level, and they are doing an excellent job of planning the state conference. They will also help facilitate the conference. Their commitment to planning meetings and their contribution of ideas make it clear why these bright youth were nominated for the SAB. Their chapters and schools can be proud of them.

## ARE YOU BONO FIDE?

While SADD charges no dues or membership fees, the national office does require accurate, current information about our chapters in order to share important news and opportunities with you. Chapters are required to renew their registration at the start of each school year. Your registration provides critical data about the SADD network that helps us draw attention to the issues we care about and supports our requests for funding.

When you register or update your information, the national office will email you a SADD Chapter Certificate for the current year. You will also receive lots of start up materials and other important information to get your chapter ready for the school year. Follow the step-by-step guide to register at:

<http://sadd.force.com/registration>.

Please take the time to complete this important step.



There is strength in numbers. To demonstrate our impact as **SADD Nation**, all chapters will conduct certain campaigns and activities at the same time of year; we call that being **SADD STRONG!** The SADD national office and its partners have developed a collection of three programs that target SADD's core issue areas: traffic safety, substance abuse, and personal health and safety. Implementing these programs will qualify your chapter for the **WE ARE SADD STRONG** Achievement and Recognition Program!

- **October - Rock the Belt**, in conjunction with National Teen Driver Safety Week
- **February - SADD Shines Week**, held to celebrate SADD students and promote personal health and safety
- **April - Is It Worth The Risk?**, in conjunction with Alcohol Awareness Month

All **SADD STRONG** programs are composed of an activity guide and media templates. The activity guides target our three core constituencies: schools, parents and communities.

## RED SAND AT WILLIAM PEACE UNIVERSITY

Kiricka Yarbough-Smith, Project COPE administrator, reports that Project COPE interns recently assisted William Peace University in Raleigh with a Red Sand Project. Over 100 students and staff members came out to help spread awareness about human trafficking by finding and filling cracks in the sidewalk with red sand. The Red Sand Project works to bring awareness about populations that are typically overlooked (refugees, immigrants and girls), especially since these populations are at the highest risk of being exploited for the gain of others. If you would like more information about COPE or want to stage a Red Sand Project, visit [Project Cope](#).



The project table with packages of red sand



Great work, ladies.



Sending a Message

## BACK TO SCHOOL ELECTRICAL SAFETY DON'TS AND DO'S

Now that school is back in session, here are some useful (and amusing) electrical safety tips from Duke Energy for when you're plugging in that laptop, toasting a healthy breakfast, or blowing out your hair for the homecoming dance.

- ◆ DON'T overload an outlet or power strip. DO overload on pizza during all-night study sessions.
- ◆ DON'T put your fingers in an electrical outlet. DO keep your nose buried in textbooks.
- ◆ DON'T pull an extension cord from far away. DO pull an all-nighter if you forgot about the big test.
- ◆ DON'T forget to keep plug-in electronics away from the shower. DO remember to wash behind your ears.

# 2016-17 Programming Calendar

Find more resources at [www.sadd.org](http://www.sadd.org)



## JULY & AUGUST

- SADD SPEAKs  
July 12-14, 2016; Washington, D.C.
- Back-to-School - NEW for 2017! -  
Annual Chapter Registration and Renewal Now Online!  
Complete your annual chapter registration online at [www.sadd.org/chapterreg](http://www.sadd.org/chapterreg)

## SEPTEMBER

- National Suicide Prevention Week  
September 5-11, 2016
- NEW for 2017! Advisor Academy Online Orientation  
Available online starting September 1, 2016

## FEBRUARY

- SADD SHINES SADD STRONG  
January 30 - February 3, 2017
- National Eating Disorder Awareness Week  
February 26- March 4, 2017
- Teen Dating Violence Awareness Month

## OCTOBER

- National Teen Driver Safety Week  
October 16-22, 2016
- ROCK THE BELT SADD STRONG  
October 17-23, 2016
- Red Ribbon Week  
October 22-30, 2016
- SADD National Student Leadership Council Meeting

## MARCH

- SPEAKs Program Applications Due  
March 3, 2017
- National Kick Butts Day  
March 15, 2017
- National Inhalants & Poison Awareness Week  
March 19-25, 2017

## NOVEMBER

- Wipe Out Smoking Month
- Great American Smokeout  
November 17, 2016

## APRIL

- Alcohol Awareness Month
- IS IT WORTH THE RISK? SADD STRONG  
Anytime during April
- National Youth Violence Prevention Week  
April 3-7, 2017

## DECEMBER

- 3D Prevention Month
- Drive Sober Get Pulled Over  
December 14, 2016 - January 1, 2017
- SADD National Symposium Series  
December 14, 2016
- Lights on for Life  
December 16, 2016

## MAY

- Global Youth Traffic Safety Month
- "100 Deadliest Days"
- Mental Health Awareness Month
- National Prevention Week  
May 14 - 20, 2017
- Click It Or Ticket  
May 8 - June 4, 2017

## JANUARY

- Happy New Year!
- National Drug & Alcohol Facts Week  
January 23-29, 2017
- State Coordinator Meeting

## JUNE

- SADD National Conference  
June 25-28, 2017; Tampa, FL