

HHP *visions*

Inside this issue...

Message from the Dean 2

'Skill Set for Life' 2

Department Chair Updates 3

Alumni News 4

In Memoriam 4

HHP Advancement Council 5

ECU Study Abroad Students Briefed by U.S. Ambassador 5

Wounded Warrior, an ECU Graduate, Receives New Home .. 5

New Health Education and Promotion Chair Selected 5

'Service' Overseas 6

Research Achievements in Biomechanics 6

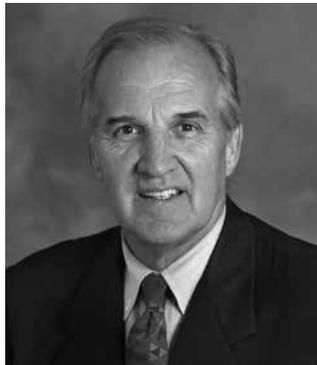
HHP Welcomes New ROTC Commanders 6

Kids Step Up Physical Activity After School 6

Achievements, Accolades and Awards 7

ECU Honors Outstanding Alumni

Dr. Jerry Tolley '65, '66 and Mr. George Whitfield '59 received the ECU 2013 Outstanding Alumni Award. This is the most prestigious award given by the Alumni Association and recognizes exceptional achievement and leadership in the recipient's profession and/or public affairs.



Tolley is the mayor of Elon after serving as championship coach and respected administrator at Elon University. He is also a nationally renowned sports author with six published books to his name including *The Legend of the East Carolina Pirates*. He has continued his dedicated support of ECU academics and athletics since his graduation.

Tolley's longtime devotion to ECU began in 1961 when he came to campus as a freshmen track and football athlete majoring in physical education. He set many gridiron records at ECU and was the first in his family to graduate from college.

As head coach from 1977 to 1982, Tolley presided over Elon's "golden era" of football, winning back-to-back national titles in 1980 and 1981, and finishing with an impressive 49-11-2 record. He has been inducted into the North Carolina Sports Hall of Fame and the National Association of Intercollegiate Athletics Hall of Fame, among many others.

He has served Elon as a professor,

administrator, and in various advancement positions. He is the recipient of a number of state and national awards for both his coaching career and his service to North Carolina. In 1997, he received the Order of the Long Leaf Pine, the state's highest civilian award. He also earned the Laurel Wreath Award for athletic achievement.

Tolley remains active with the ECU College of Health and Human Performance (HHP) and ECU Athletics, contributing to awards, scholarships, and facilities. He is a member of the HHP Dean's Advancement Council, and received the college's Centennial Leadership medallion. He is a member of the Pirate Club, Alumni Association, and Chancellor's Society. Tolley's legacy has forever elevated the sport of football in North Carolina and the reputation of East Carolina University.

Tolley is married to his college sweetheart, Joanie Morrison Tolley '65, his wife of forty-seven years. They currently reside in Elon and have two children, Justin and Jerry, and four grandchildren.



Whitfield is an award-winning coach and one of the most influential figures in high school, legion, and college baseball in North Carolina. In addition to building winning programs, he has taught thousands of youth how to excel at the game of life.

Originally from Kinston, Whitfield majored in physical education at ECU. He has coached at Goldsboro High School, Goldsboro American Legion Post 11, Hamlet High School, Hamlet American Legion Post 49, and Richmond Senior High School.

In his storied career that spanned nearly five decades, he won eight state titles, four for high school baseball and four for legion baseball, as well as fifteen conference championships. His overall record is 954 wins to 286 losses.

For forty-one years, he has conducted the nationally recognized George Whitfield Baseball Clinic, which brings players, coaches, and officials together from all levels of baseball to discuss issues in the sport and encourage underprivileged players.

He was the National High School Baseball Coach of the Year in 1969 and 1974. He has been inducted into multiple halls of fame, including the NC Sports Hall of Fame in 2005. In 1993 he was inducted into the halls of fame for both the American Baseball Coaches Association and the North Carolina High School Athletic Association.

Over ninety of his players have received athletic scholarships, with three of them making it to the major leagues. In 1980, Whitfield received the Order of the Long Leaf Pine, the state's highest civilian honor.

Additionally, he has served as an assistant coach at ECU, the only one to serve under three different head coaches. He has also worked as an athletic director at Mount Olive College and as the first baseball coach at Pitt Community College, setting up another winning baseball program. He is a member of the HHP Dean's Advancement Council.

Whitfield currently resides in Goldsboro. He has one son, Gef, and one daughter, Tyler.

Message from the Dean

Greetings to all you from all of us in the College of Health and Human Performance.

East Carolina University along with many other institutions across the state continues to face difficult economic challenges making your support even more important. The faculty and staff of HHP are taking a positive approach to these challenges and all are trying to do more with less. We are doing our best to keep the small campus feel which has always been a source of pride at ECU but it is getting increasingly difficult. Rest assured we will all make a quality education for our students our top priority.

The Chancellor has formed a new committee to address the likely future of decreasing state support. This new committee is co-chaired by Drs. Niswander and Mitchelson and is titled the Fiscal Sustainability Committee. It is being asked to take a very businesslike approach to addressing the long term issues facing ECU and is not a representative committee. Most colleges like HHP are not represented as the charge is to find ways to use limited resources most effectively. Campus re-organization is again a major topic as the committee seeks to make the campus not only sustainable but as efficient as possible. There is no doubt this committee will shape the future of HHP.

We are celebrating twenty years as HHP this year and are planning to mark this historic time with several activities this spring. We became an independent school in 1993 and a college in the year 2003. It is hard to believe we have accomplished so much in such a short time.

As many of you know, in addition to being Dean, I am also serving as Interim Vice Chancellor for Advancement and Interim President of the Medical and Health Foundation. The search has been under way since January and it is likely I will continue to have multiple duties until the end of the academic year. Everyone in HHP has been extremely helpful as we all adjust to these demanding responsibilities.



A special thanks to Dr. Mike Felts, who served as Interim Chair of the Department of Health Education and Promotion (HEP) for the past year. We welcome Dr. Don Chaney back from the University of Florida as the new Chair of HEP. We also welcome our new commanders, Lt. Col. Thomas Glockzin of the Air Force ROTC and LTC Sean Farrar of the Army ROTC. Please read more about them in this issue.

Much of our continued success is the result of our active Advancement Council. This group continues to assist us in many ways. Led by Ms. Alice Keene, the council continues to offer support and guidance. We are grateful for their involvement and dedication.

We continue to mourn the loss of Dr. Alice Anderson, who retired in the spring and died very suddenly after knee surgery. She made many contributions to the College and her discipline of environmental health.

Thank you for your interest in the University and HHP. Due to budget constraints, we continue to produce this newsletter primarily online and they are archived at: <http://www.ecu.edu/cs-hhp/visions.cfm>. I invite you to stay connected with us through social media at: <https://www.facebook.com/ECU.HHP>.

Wishing you and your family an active, safe, and healthier tomorrow.

Glen G. Gilbert, PhD
Professor & Dean

‘SKILL SET FOR LIFE’ Real world experience enhances teaching about qualitative research

Dr. Sharon Knight, Department of Health Education and Promotion, served as a qualitative researcher on an Institute of Medicine team that managed a congressionally mandated assessment of the president’s emergency plan for AIDS Relief. Her experience enables her to share effective qualitative design and processes with students. “I draw on this experience all the time,” said Knight. “I express to students the importance of persistence because it can take a long time to embrace a qualitative research approach.”

Qualitative interviewing gathers complex data and can yield thousands of words or hours of audio-recordings. This data is transcribed, analyzed and coded to produce a narrative of the findings. The research explores a wide range of people’s perspectives and experiences. On the team that assessed the president’s emergency plan, Knight was central to implementing a qualitative evaluation process that produced credible findings from cross-country data collection and analysis related to the program’s effects on HIV-related health issues, prevention, treatment, and care

programs, health systems and impact on child health and welfare in 13 countries. Knight worked on the project from August of 2010 through 2012, traveling back and forth to six countries while teaching distance education courses at ECU.

The techniques Knight learned as a member of the team now inform students in HLTH 6700, Qualitative Research and Evaluation Methods. She shared her work with colleagues at the ECU Office for Faculty Excellence and in presentations to Nursing faculty and students as well.

ECU alumna Karen Goble, of Asheville, earned a master’s degree in health education and promotion, with Knight as her thesis director. Goble said that Knight shared resources gained from her personal experiences, providing multiple ways of maintaining documentation including field notes, research logs and a reflexive journal. “She helped the class develop a tool kit and audit trail to aid



Ms. Karen Goble and Dr. Sharon Knight

with our research,” Goble said. “These tools help you as you navigate through your forest of data.” Goble said that Knight approaches teaching by coaching the students. “She creates a container for students to learn and discover. She asks questions and empowers you in your own discovery process,” Goble said.

Goble, now director of continuing medical education at Southern Regional AHEC in Fayetteville, expects to apply what she learned about research as she moves forward in her career. “Qualitative research is a skill set for life,” she said. “It teaches you to authentically listen.”

Department of Recreation and Leisure Studies

The Department of Recreation and Leisure Studies continues with an outstanding faculty and graduates. This year we have been honored to have Dr. Kindal Shores selected as the Faculty Fellow for the Honors



Dr. Deb Jordan

College and Dr. Nelson Cooper was selected to serve as the Interim Director of the new B.S. in University Studies program. Dr. Thom Skalko was awarded an honorary faculty appointment with the University of Kwazulu-Natal in South Africa. This arises from his work in connecting recreational therapy with that university, where he was an invited speaker at the Leisure and Recreation Association of South Africa this past fall. Other faculty have been involved in grants and contracts. Dr. Paige Schneider has been working with a group to enhance the tourism potential of the Roanoke River corridor. You can see more about her work at <http://www.ecu.edu/news/roanoke2.cfm>. With a grant from the Kate B. Reynolds Foundation, Drs. Clif Watts and Kindal Shores have been working with the Hyde County Health Department to reduce obesity in the rural community through the promotion of physical activity and nutrition. Dr. Dave Loomis was successfully funded for a project focused on ecosystems services evaluation. Just this year, Dr. Carmen Russoniello was awarded three major grants for his work with Wounded Warriors; funding is over \$1 million for the next three years. Dr. Carol Kline is heading up the master plan development process in preparing master plans for parks and recreation facilities across eastern NC.

Recent graduates have also earned accolades. Under the direction of Dr. Cheryl Stevens, Ms. Margaret Garner, who recently graduated with her M.S. in Recreation and Park Administration (RPA) was awarded the 2013 ECU Graduate Thesis Award in Business, Education, and Social Sciences. Based on that award, the ECU Research and Graduate Studies nominated her for the regional Conference of Southern of Graduate Schools 2014 Master's Thesis Award in the Social Sciences. In addition, under the guidance of Dr. Nelson Cooper, another recent master's graduate in the RPA program had her thesis selected for the national Best Paper Award, given by the American Academy for Park and Recreation Administration.

In terms of RCLS curricula, the Recreational Therapy (RT) program continues to be recognized for being the top producer of recreation therapists in the country. Both B.S. degree programs in RT and the Recreation and Park Management (RPM) are nationally accredited. Unfortunately, due to low enrollments, we have had to discontinue the MS in Recreational Therapy Administration (RTA) this past July. The good news is that RTA and RPA will remain as concentrations in a new MS degree program, which is currently under review.

We invite all RCLS graduates and friends to join the RCLS Professional Society – this is a very invested and passionate group that supports the department, its students, and faculty. You can learn more about them by going to the ECU Alumni Association site.

Lastly, the department is interested in establishing an internal graduate thesis award and is interested in your input and gifts to help make it happen. Please contact the department if there is anything we can do for you.

Department of Health Education and Promotion

Our faculty and students are doing tremendous work that will produce a lasting benefit on the health of North Carolinians. I believe you are very familiar with the significant contributions our senior faculty make to our programs on a daily basis. However, our junior faculty are also an incredible group of distinguished teachers and researchers. Our ten junior faculty have combined to publish over 150 national refereed publications, and have been awarded over \$1.5 million in grant funding.

Drs. Alice Richman and Essie Torres have recently received support from Merck & Co. to fund a longitudinal intervention study to assess whether electronic messaging, coupled with educational messaging, can increase HPV vaccine utilization and adherence among adolescents in eastern North Carolina. Their study will examine this low-cost intervention targeting Medicaid and uninsured populations within eastern North Carolina.

Dr. Charlie Humphrey has been working with several schools in eastern NC on research involving the nitrogen treatment efficiency of their wastewater treatment systems. In

partnership with the schools, Humphrey has been working to secure the funds needed for installation of permeable reactive barriers near the wastewater systems, which will help improve the nitrogen treatment and water quality.

Drs. Beth Chaney, Jennifer Cremeens, Ryan Martin, and Ms. Karen Vail-Smith are conducting an alcohol field study to collect baseline data on alcohol use, disordered eating/drunkorexia behaviors, and levels of intoxication among patrons of local drinking establishments in downtown Greenville.

Dr. Michele Wallen is involved in two grant projects that are designed to improve the quality of education delivered in the state. Wallen is serving as a core faculty member, representing HHP, on the Department of Education Title III grant. This grant intends to improve student learning and the student experience by establishing clear expectations for courses and programs, documenting the achievement of courses objectives towards programmatic student learning outcomes, and by sharing assessment data to make adjustments as needed. She is also contributing to the work of the College of Education as part of the U.S. Department of Education Teacher Quality Partnership grant. This work focuses on improving the quality of teachers for one of North Carolina's high poverty regions through the infusion of research-based instructional strategies in coursework and clinical practice.

Dr. Sharon Rogers and our athletic training faculty have been successful in continuing the partnership between ECU and Pitt County schools. This partnership means that a licensed athletic trainer is at every football practice and game in the county and at many practices and games in all other sports. Thanks to our athletic training faculty and students, participating in high school athletics in Pitt County, has never been safer.

I look forward to the next newsletter when I can share more exciting things that are happening in in the Department. Our athletic training, environmental health, health education, and school health education programs are only as great as the alumni we turn out. We are proud to be associated with you and we want you to be proud of your association with us!

Department of Kinesiology

As a department identified by the ECU Program Prioritization Committee as an area for institutional investment, we are looking forward to seeing what that might mean for the unit this year. Our enrollment numbers are fairly

continued on page 4

DEPARTMENT CHAIR UPDATES

continued from page 3

steady in the four undergraduate degree programs. The number of students majoring in each program are as follows: 190 in Exercise Physiology, 172 in Health Fitness Specialist, 50 in Physical Education, and 107 in Sports Studies. Our graduate program, that includes the M.S. in Exercise and Sport Science (with concentrations in Adapted Physical Education, Biomechanics, Exercise Physiology, Physical Activity Promotion, Physical Education, Sport and Exercise Psychology, and Sport Management), the MAEd in Physical Education, and the PhD in Bioenergetics and Exercise Science programs remains healthy in terms of enrollment as well. Student organizations affiliated with the undergraduate and graduate programs have plans for professional development that includes attending various conferences (NCAAHPERD, SEACSM, and others) and on-campus training. Student organizations will also host social and service events (with community partners such as the Christopher Cash Foundation) as part of their efforts throughout the year (<http://www.ecu.edu/cs-hhp/exss/majorsClub.cfm> and <http://www.ecu.edu/cs-hhp/exss/grad-stud-org.cfm>). We are particularly proud of the recognition that our undergraduate and graduate students have received for their research and outreach/service efforts. Last year, student-led research and grant proposals resulted in more than \$15,000 in funding for their efforts, student research was published in prestigious journals and featured on notable websites such as Sciencedaily.com and BioSciencetechnology.com, and student outreach/service efforts (such as ProjectMentor and other intervention efforts) benefitted a very diverse group of children in the community in terms of increasing physical activity levels and achieving psychological benefits associated with group physical activity in a structured setting.

New faculty members include Dr. Bhibha Das, Dr. Deirdre Dlugonski, Dr. Katsuhiko Funai, Dr. Hu Huang, Mr. Jeff Pizzutilla, and Dr. Damon Swift. I encourage you to learn more about them at: <http://www.ecu.edu/cs-hhp/exss/faculty-staff.cfm> and to watch for them in the "Featured Faculty" section of the department's Facebook page (<https://www.facebook.com/ECUKinesiology>). Faculty members that have earned tenure will undergo a comprehensive review of productivity this year. As we reflect on what has been accomplished through that review, we will also have our sights on continuing to improve the student experience, contributions to the science of kinesiology, and service to the region. In addition to the themes we traditionally focus on, this year we will enhance our efforts related to employee wellness in the ECU community and beyond; curriculum revisions that emphasize experiential learning, service, and the development of motivational skills; and increased creativity in current and potential collaborations with academic (e.g. Brody School of Medicine; the Departments of Psychology, Geography, Nutrition Sciences, Art Education, Art, Health Education and Promotion, Recreation and Leisure Studies, Campus Recreation and Wellness) and community partners (e.g. Pitt County Schools and Recreation, community colleges, retirement and assisted living communities, Boys and Girls Club, and youth soccer leagues).



Dr. Stacey Altman

ALUMNI NEWS

Craig Baker ('79, '81): Serving as Principal at Pender County High School.

Stuart Blount ('88, '90): Selected to serve as Superintendent of the Clinton City Schools. Previously he held the positions of Assistant Superintendent with the Scotland County Schools and Principal at New Bern High School.

Toni Jo Budris Blount ('88, '90): Appointed to the position of Coordinator/College Advisor/Scholars with the Clinton City School System.

Curtis Frye ('74): Inducted into the Class of 2013 U.S. Track and Field and Cross Country Coaches Association Hall of Fame.

CAPT Michael Herring ('80): Recipient of The Walter S. Mangold Award presented by the National Environmental Health Association on July 11th in Washington, D.C.

Mike Holloman ('86): Inducted in the Louisburg College Hall of Fame, where he is currently the Athletic Director.

David Kroll ('83): Inducted into the University of Wisconsin-Superior Athletic Hall of Fame for 23 years of outstanding service and dedication as Head Athletic Trainer.

Josh Leonardis ('13): Employed as a Biomechanics Researcher at the National Institute of Occupational Safety and Health (NIOSH) in Morgantown, WV.

Charla Tedder Parker ('82): Honored as the 2012 NCAAHPERD School Teacher of the Year, 2013 Southern District AAHPERD High School Physical Education Teacher of the Year, and the 2013 AAHPERD High School Teacher of the Year.

Chelsea Phipps ('12): Working as the Manager of Intramural Sports with the Department of Student Recreation and Wellness Services at The University of Akron since September, 2011. She is also teaching an undergraduate course in sports officiating with the Department of Sport Science and Wellness Education. After completing her thesis titled, "Examining the Relationship between Intramural Sports Participation and Sense of Community among College Students," she received national recognition as the recipient of the 2013 Best Paper Award from the Academy for Park & Recreation Administration. Dr. Nelson Cooper was her mentor.

Glenn Reaves ('83, '94): Appointed as Assistant Superintendent for Administrative Services for the Craven County Schools.

Carol Shields ('94, '00): Serving as the Executive Director for Roanoke River Partners, Inc. Shields works to develop partnerships that stimulate rural economic development throughout the counties that border the Roanoke River.

Sheridan "Stony" Wine ('98): Inducted in the Barton College Hall of Fame. Serving as the Athletic Director and Head Baseball Coach at Lenoir Community College.

In Memoriam



Dr. Alice Anderson, 68, died August 21, 2013. A native of Michigan, she recently retired from ECU as an assistant professor in the Department of Health Education and Promotion. She received both undergraduate and graduate degrees from Central Michigan University and a doctorate from Bowling Green State University. She served as the Program Director of Environmental Health at ECU from 2009-2012. Former students comment that they enjoyed her

spirited instructional style. She is remembered for her sense of humor and significant contributions to the field of environmental health. She will be missed by many colleagues, students, and friends.



Seated: Ms. Alice Keene, Chair and Ms. Emilie Tilley
 1st Row: Mr. George Whitfield, Mr. Walter Williams, Mr. Jim Dill and Dr. Glen Gilbert
 2nd Row: Lt. Colonel Vince Smith, Mr. Don Leggett, Mr. Si Seymour, Vice Chair, Mr. John Israel, and Major General Dutch Holland

HHP Advancement Council

- Mr. Dave Alexander, *Retired, Potomac Services Inc.*
 Mr. Ronnie Barnes, *Senior Vice President Medical Services, NY Giants Football*
 Mr. Mike Bunting, *President, Rubbermill, Inc.*
 Mr. Jim Dill, *President, The Virginia College Fund*
 Ms. Carolyn Fulghum, *Retired, ECU Assistant Vice Chancellor*
 Major General 'Dutch' Holland, *Retired, US Air Force*
 Mr. John Hudson, *Senior Vice President, Morgan Stanley*
 Mr. John Israel, *Recreation Specialist, Department of Defense, Langley, AFB VA*
 Dr. Thomas Johnson, *ECU Professor Emeritus*
 Ms. Alice Keene, *Retired Director, Pitt County Schools, Community Schools and Recreation*
 Lt. Colonel Mike Myrick, *Retired, U.S. Air Force*
 Mr. Jim Post, *Retired, Former Owner, Post's Nursery*
 Mr. Si Seymour, *Bate Foundation, ECU Pirate Basketball Radio Analyst*
 Vincent C. Smith, *Lt. Colonel Retired, U.S. Air Force Board Member, Air Force Personnel Security Appeal Board*
 Ms. Emilie Tilley, *Retired Principal, Virginia Beach City Public School System*
 Dr. Jerry Tolley Sr., *Retired, Elon University*
 Mr. Clay Walker, *Vice President, Publisher Relations, USA TODAY Sports*
 Mr. George Whitfield, *Retired, Athletic Director and High School Baseball Coach*
 Ms. Betsie Wilkinson, *Tutor, Lee County Schools*
 Dr. Walter Williams, *Vice President, Trade-Wilco Company*



ECU Study Abroad Students Briefed by U.S. Ambassador

While attending an ECU summer study abroad program in Geneva, 23 students from the College of Health and Human Performance met with the U.S. Ambassador to Switzerland, Dr. Betty King, at the U.S. Permanent Mission. Ambassador King conducted a special briefing for the ECU students on the U.S. Mission's global health initiatives. Michael Edwards, a Public Health Studies major, presented the HHP coin and compass to Ambassador King. While in Geneva, the group also studied at the World Health Organization, The International Headquarters of the Red Cross, The United Nations and the University of Geneva Hospital. **Ms. Karen Vail-Smith**, Teaching Instructor in the Department of Health Education and Promotion, led the group on the study abroad trip.

Wounded Warrior, an ECU Graduate, Receives New Home

A little over a year after he lost his legs to a mine while fighting in Afghanistan, Army Ranger Nathan Rimpf received a new home donated through a partnership of the Operation Coming Home foundation and the Home Builders Association of Raleigh-Wake County. It is the sixth home donated by the partnership to wounded warriors in the last five years. "Operation Coming Home and those involved are truly changing the lives of wounded veterans, including my own," Rimpf said at the Aug. 8 groundbreaking ceremony for the home. Designed to accommodate his special needs, the detached, single-family home is located in the Renaissance Park development in south Raleigh.

Rimpf graduated from East Carolina University in 2010 and was a cadet in the Army ROTC chapter on campus. A color guard from the ECU ROTC unit, the Pirate Battalion, assisted with the ceremony, students who Rimpf said he remembered from his college days. Also attending from the university was Dr. Glen Gilbert, interim vice chancellor for advancement and dean of the College of Health and Human Performance – a college which includes military programs.

Over the past year, Rimpf has received extensive rehabilitation therapy at Walter Reed Military Medical Center in Bethesda, MD,

continued on page 8

New Health Education and Promotion Chair Selected

Dr. Don Chaney has been appointed the new chair of the Department of Health Education and Promotion following a national search. Chaney comes to ECU from the University of Florida, where he served as the assistant dean for distance education and outreach and the associate director for the Center for Digital Health and Wellness in the College of Health and Human Performance. A former faculty member in ECU's Department of Health Education and Promotion, he also held appointments at Texas A&M University and the University of Alabama.

Chaney's research interests include technology integration in health and online learning/professional development. The majority of his publications are related to distance education course development and technological applications. "I am honored to be back at East Carolina University and leading what I believe to be one of the best, if not the best, faculty in health education and promotion in the country," said Chaney. "Graduates from our programs in athletic training, school health education, community and worksite health promotion and environmental health are making a real difference in the health of Eastern North Carolinians," he continued.

Chaney is the past editor-in-chief of the American Journal of Health Studies. He earned a bachelor's degree in 1999 in fitness management from the University of North Alabama. In 2000 he received a master's degree in health education and promotion from Mississippi State University and in 2003 he earned a doctorate in health education and promotion from the University of Alabama.

‘SERVIRE’ OVERSEAS Skalko collaborates on South Africa’s first recreational therapy degree

East Carolina University professor Dr. Thom Skalko is extending the university mission of service to South Africa, where he’s collaborating on a project that will create new jobs and enhance quality of life in the community. Skalko, a professor in the Department of Recreation and Leisure Studies, is working with educators at the University of KwaZulu-Natal in Durban, South Africa to establish the country’s first degree in recreational therapy. The degree will train students to use recreational activities to rehabilitate and restore function for individuals who have a disability, are recovering from a serious illness or accident, or are struggling with mental health issues. Impairments addressed may be physical, emotional, social or cognitive.

For additional information about this collaboration, please visit <http://www.ecu.edu/news/skalko.cfm>.



Research Achievements in Biomechanics

Two groups of ECU biomechanics researchers were selected as finalists for awards this summer.

The group of Erica Bell and Jamie Hibbert, doctoral students in bioenergetics and exercise science, along with Mr. Patrick Rider, Dr. Paul DeVita, and Dr. Zachary Domire was selected as one of three finalists for The Nike Award for Athletic Footwear Research. Their work was presented at the Footwear Biomechanics Technical Group meeting in Brazil, in conjunction with the 2013 International Society of Biomechanics Congress. The title of the project was “Measurement of Foot Stiffness in Minimally and Traditionally Shod Runners Using Ultrasound Elastography.”

The group of Hunter Bennett, graduate student in exercise and sport science, Mr. Patrick Rider, Dr. Zachary Domire, Dr. Paul DeVita, and Dr. Anthony Kulas was selected as one of two finalists for The Journal of Biomechanics Award. This highly competitive award “recognizes substantive and conceptually novel mechanics approaches explaining how biological systems function”. To be considered abstracts must first be judged by peer reviewers to be in the top 10% of the approximately 500 abstracts submitted for the annual meeting. A committee then selects the two finalists. Their work was presented at the 37th annual meeting of the American Society of Biomechanics in Omaha, Nebraska. The title of the project was, “Heterogeneous regional fascicle behavior within the biceps femoris long head.”

HHP Welcomes New ROTC Commanders



LTC Thomas E. Glockzin is Commander of the ECU Air Force ROTC. He recently served as the Deputy Commander, 43rd Airlift Group, Pope Field, North Carolina where he commanded with unique Vice Wing Commander equivalent duties for eight squadrons, 13 group staff agencies, and 1200 personnel supporting five Major commands. During his assignment at Pope Field, Glockzin also served as Chief of Staff, directed divers activities for 85 personnel. He is a Master Navigator with more than 4,000 flying hours, including over 200 combat and combat support hours. He earned an undergraduate degree in 1989 in industrial and operations engineering from the University of Michigan and a graduate degree in 1998 in Aeronautical/

Aviation Science from Embry-Riddle Aeronautical University. He is the recipient of the Meritorious Service Medal (Fourth Oak Leaf Cluster).



LTC Sean E. Farrar is Commander of the ECU Army ROTC. He recently served as a Division Chief in the Aviation Test Directorate at the US Army Operation Test Command, Fort Hood, Texas where he conducted testing of new Aviation aircraft and equipment. During his assignment at Fort Hood he tested the new Apache Attack Helicopter and an aircrew protective mask used for chemically or biologically contaminated environments. He is a UH-60 Blackhawk pilot with one combat tour in Iraq where he served as an advisor

and trainer to the Iraqi Police. He earned an undergraduate degree in 1994 in geography from the United States Military Academy at West Point and a graduate degree in 2003 in Individual Counseling from Long Island University.

Kids Step Up Physical Activity After School

Local school aged children are receiving the cardiovascular workout they need following a long day at school. Eighteen children are participating in an after school activity program at East Carolina University.



Offered by the Department of Kinesiology, the program provides physical activity in a safe, fun, and positive environment. Activities include inline skating, basketball, handball, floor hockey, dancing, soccer, and fitness activities. ECU student interns, who serve as physical activity leaders (PALs), engage children in activities and provide supervision. Co-Directors of the program are Dr. Matt Mahar, Ms. Rhonda Kenny, and Ms. Grace Anne Vick.

ACHIEVEMENTS, ACCOLADES AND AWARDS

Drs. Jo Anne Balanay and Stephanie Richards (HE&P): Received a Centers for Disease Control & Prevention/National Institute for Occupational Safety & Health grant administered by the Central Appalachian Regional Education and Research Center for a pilot project entitled “Effectiveness of insecticide-treated clothing to prevent tick and mosquito exposure in foresters.”

Dr. Craig Becker (HE&P): Published a White Paper for the National Wellness Institute: “Creating Positive Health: It is more than risk reduction” and two publications in the American Journal of Health Education: “Salutogenic Wellness Promotion Scale (SWPS): Validation of the Arabic Version” and “Update on Validity of Required Competencies for Worksite Health Professionals.”



Dr. Bhibha Das (KINE): Selected as a Physical Activity and Public Health Researchers Course fellow. The long-term goal of the courses is to improve the public’s health by increasing the number of public health researchers and practitioners who have expertise in the relationship between physical activity and health in populations.

Dr. Jim Decker (KINE): Received the 2013 Outstanding Service Contributor Award from the Special Olympics of Pitt County. This award was given in appreciation for his dedication, hard work and fulfillment of the mission of Special Olympics.

Dr. Katrina DuBose (KINE): Co-authored “Body Composition and Weight Management,” a chapter in ACSM’s Resources for the Health Fitness Specialists. Liguori G. editor. Lippincott Williams & Wilkins: Philadelphia 2014. pp. 139-161.



Dr. Katsuhiko Funai (KINE): Received an NIH K01 Award for his work related to the role of skeletal muscle fatty acid synthase to regulate sacroplasmic reticulum (SR) phospholipid composition.



Drs. Tara Gallien & Essie Torres (HE&P): Accepted in the 2013 faculty cohort for the Engagement and Outreach Scholars Academy.

Dr. Bob Hickner (KINE): Received funding in the amount of \$435,242.00 from the National Heart, Lung and Blood Institute for the project entitled “NADPH Oxidase and Microvascular Dysfunction in Obesity.”

Mr. William Hill (HE&P): Completed certification in the National Environmental Health Association’s Certified Professional in Food Safety program.

Dr. Joe Houmard (KINE): Received continuation from the National Institutes of Health for the project entitled “Lipid Metabolism in Obesity, Weight Loss and Exercise” in the amount of \$297,136.00.

Ms. Elaine Hughes (KINE): Received the 2013 ECU Centennial Award for Excellence in Spirit. This represents the highest award given to ECU faculty and staff.



Dr. Charles Humphrey (HE&P): Assisted a local public school with the installation of a denitrification trench to help reduce the groundwater nitrogen concentrations. These efforts aim to improve groundwater quality.

Dr. Deb Jordan (RCLS): Named a commissioner for the Greenville Recreation and Parks Commission and serves on the Winterville Parks and Recreation Department Advisory Board.

Dr. Carol Kline (RCLS): Received funding in the amount of \$39,988.00 from Dare County for the project entitled “Dare County Comprehensive Master Plan and Site Specific Survey Plan.”



Dr. Sharon Knight (HE&P): Received a professional recognition award from the Pitt County Coalition on Substance Abuse. The award is in appreciation for her continued dedication and committee work to help reduce the pain, suffering, and loss caused by the misuse of alcohol and drugs.

Dr. David Loomis (RCLS): Received funding in the amount of \$39,690.00 from the Eastern Research Group for the project entitled “A Policy Analysis of the Applications of Ecosystems Services Values.”



Dr. Matt Mahar (KINE): Received funding in the amount of \$13,237.00 from the Cooper Institute for the project entitled “Development of a Walking Test to Predict Aerobic Fitness in Children.”

Dr. Ryan Martin (HE&P): Invited to write an article, “Fantasy Sports and Gambling Problems,” published in the Massachusetts Council on Compulsive Gambling blog.

Dr. Sharon Rogers (HE&P): Leads a cooperative initiative with the Pitt County Public Schools that places certified athletic trainers in the schools. She also received funding in the amount of \$6,325.00 from Pitt Community College for

the project entitled “Spring 2013 Pitt Community College Athletic Training project.”

Dr. Carmen Russoniello (RCLS): Received funding in the amount of \$302,394.00 from the Department of Defense for the project entitled “The Development of a Mobile Health Platform and Naturalistic Game Applications for Health Assessment.”

Dr. Melanie Sartore-Baldwin (KINE): Honored as the 2013 Outstanding Alumni (Early Career) by Texas A&M University, received the 1st Annual William C. Friday Outstanding Article Award for a paper entitled: “Perceptions of Inequities Among Intercollegiate Athletes, co-authored article published in the Journal of Sport Management, “Hegemonic Masculinity and the Institutionalized Bias Toward Women in Men’s Collegiate Basketball: What do Men Think?”

Dr. Paige Schneider (RCLS): Received the 2012-2013 Center for Sustainable Tourism Outstanding Affiliate Faculty Award.

Dr. Damon Swift (KINE): Received funding in the amount of \$308,000 from the American Heart Association for his work related to the effects of exercise training on cardiometabolic and type 2 diabetes risk factors, published the article, “Low Cardiorespiratory Fitness in African Americans: A Health Disparity Risk Factor?”. It is available at: <http://www.springerlink.com/openurl.asp?genre=article&id=doi:10.1007/s40279-013-0092-3>.

Drs. Alice Richman & Essie Torres (HE&P): Received a two year grant from Merck & Co. entitled “A randomized longitudinal intervention study to assess whether electronic messaging can increase HPV vaccine utilization and adherence among adolescents in eastern North Carolina,” which is the first community-based intervention study to assess the use of electronic reminders and HPV vaccine initiation and adherence among rural uninsured and Medicaid populations, proposal entitled “The Healthy Breast Project: Raising awareness and increasing access to breast cancer screening services for rural African American women” was selected for inclusion in the Center for Health Disparities Center grant for NIH.

Dr. Stacy Warner (KINE): Honored as NASSM Research Fellow, received the 1st Annual William C. Friday Outstanding Article Award for a paper entitled: “Perceptions of Inequities Among Intercollegiate Athletes.” Warner and Dixon’s “Sport & Sense of Community Theory” was published in the Journal of Community Psychology and a measurement scale developed from that theory was also accepted for publication in the Journal of Sport Management, led an international team of researchers in a study highlighting the factors necessary to retain sports officials and published the article, “Officiating Attrition: The Experiences of Former Referees via

continued on page 8

Faculty Accolades

continued from page 7

a Sport Development Lens,” in the Journal of Sport of Sport Management.

Ms. Jamie Williams (HE&P): Directs the school health education efforts in a pre-service assessment process, edTPA, designed by Stanford and educators to determine if a new teacher is ready for the field of education. The assessment includes a review of a teacher candidate’s authentic teaching materials as the culmination of the internship process that documents and demonstrates each candidate’s ability to effectively teach their subject matter to all students. North Carolina is 1 of 24 states participating in edTPA and ECU is one of seven universities that has begun using this assessment. ECU’s school health program in currently the only one in the state that is using edTPA.

Dr. Richard Williams (RCLS): Received the 2013 UNC Board of Governors Distinguished Professor for Teaching Award. This award is designed to recognize and support excellent teaching at each of the 17 constituent universities in our system.



Wounded Warrior, ECU Grad

continued from page 5



Wounded warrior and ECU graduate Nathan Rimpf is shown above, at the groundbreaking ceremony for his new home. (Photo by Steve Tuttle)

where he was fitted with prosthetic legs. Today, he is able to walk and run. “July 8, 2012, was filled with pain and anxiety for our family,” said Cindy Rimpf, his mother. “I could never have imagined that one year later, our son would be named a recipient of a home” donated through Operation Coming Home. Construction on the home is expected to be completed in November. At that time, Rimpf will return for a ceremony to receive the keys to the house. “We’ve met so many wonderful supporters of the military this past year,” Cindy Rimpf said. “It is so encouraging to be in a county with patriot citizens who appreciate the sacrifices that others have given on their behalf.”

– Steve Tuttle, ECU News Services

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