

A word from
**Secretary
Bryan Beatty**

Department of
Crime Control and
Public Safety



Dear Citizens,

The State of North Carolina remains vigilant in its efforts to protect the safety and security of all citizens from acts of terrorism.

North Carolina had several years of anti-terrorism planning and training prior to the September 11, 2001, tragedy, and the state stands ready to do whatever is necessary to protect citizens, reduce vulnerabilities and respond to any terrorist incident that could occur.

There are five levels of alert with action steps for citizens to take to be prepared for terrorist threats. While no steps can provide absolute protection, heightened awareness, basic defensive measures, and coordination with local emergency response and law enforcement agencies will reduce the likelihood of a terrorist act or minimize the effects of an attack.

The most important terrorism threat reduction measure is vigilance on the part of you, your family, friends and co-workers.

SUPPLIES CHECKLIST

The best time to assemble a three-day emergency supplies kit is well before you will ever need it. Most people already have these items around the house and only need to assemble them now before emergency instructions are issued.

Start by setting aside one gallon of water per person per day (a week's supply of water is preferable.) Next, get an easy-to-carry, water-tight container - a large plastic trash can will do, or line a sturdy cardboard box with a couple of trash bags. Then, gather up the following items and place them in your kit:

- Water purification kit or bleach
- First aid kit and first aid book
- Pre-cooked, non-perishable foods, such as canned meats, granola bars, instant soup & cereals, etc.
- Baby supplies: formula, bottle, pacifier, soap, baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices
- Non-electric can opener
- Anti-bacterial hand wipes or gel
- Blanket or sleeping bag per person
- Portable radio or portable TV and extra batteries
- Flashlight and extra batteries
- Essential medications
- Extra pair of eyeglasses
- Extra house and car keys
- Fire extinguisher - ABC-type
- Food, water, leash and carrier for pets
- Cash and change
- Seasonal change of clothing, including sturdy shoes
- Important legal documents
- Large plastic trash bags for waste, tarps and rain ponchos
- Games/activities/books
- Bar soap and liquid detergent
- Shampoo
- Toothpaste and toothbrushes
- Feminine hygiene supplies
- Toilet paper
- Household bleach & other cleaning supplies
- Rubber gloves

Stocking up now on emergency supplies can add to your family's safety and comfort during and after a disaster. Store enough supplies for at least three days, preferably seven days, in one place.

Helpful web sites for additional information:

North Carolina Emergency Management
www.ncem.org

Federal Emergency Management Agency
www.femagov/areyouready

Don't Be Afraid - Be Ready
www.ready.gov

Terrorism: Preparing for the Unexpected
Your Family Disaster Plan
Your Family Disaster Supplies Kit
Animal Safety
www.redcross.org/services

Volunteer Opportunities
www.citizenecorps.gov
www.volunteernc.org



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Citizen's Guide to NORTH CAROLINA HOMELAND SECURITY and DISASTER PREPAREDNESS

SEVERE
SEVERE RISK OF
TERRORIST ATTACK

HIGH
HIGH RISK OF
TERRORIST ATTACK

ELEVATED
SIGNIFICANT RISK OF
TERRORIST ATTACK

GUARDED
GENERAL RISK OF
TERRORIST ATTACK

LOW
LOW RISK OF
TERRORIST ATTACK

ARE YOU READY?

GREEN = LOW

Green means there is a low risk of terrorist attacks. The following preparedness actions are recommended:

Individual

- Develop a personal disaster plan
- Assemble a disaster supplies kit
- Take a Red Cross disaster preparedness course
- Have a neighborhood meeting to discuss emergency plans

Family

- Develop family disaster and communications plans
- Assemble a disaster supplies kit
- Learn basic CPR
- Have a fully-stocked first aid kit
- Ask if your child's school conducts safety training and emergency drills

Office/School

- Conduct a terrorism vulnerability self-assessment for your workplace
- Develop a written emergency response plan to address all hazards and natural disasters
- Develop an emergency communications plan to notify employees of activities
- Prepare a list of family contact numbers
- Develop a plan to relocate if needed
- Train employees in first aid and CPR

BLUE = GUARDED

Blue indicates a general risk of terrorist attacks. The following preparedness actions are recommended:

Individual

- Develop emergency plans with family and friends
- Be alert to suspicious activity and report it to your local law enforcement agency
- Review stored disaster supplies and replace outdated items

Family

- Review family and neighborhood preparedness plans
- Establish an alternate meeting place away from home
- Be familiar with emergency plans at your child's school

Office/School

- Review and update emergency procedures
- Establish a dialogue with emergency management agencies, utilities and community organizations about disaster preparedness
- Reduce the number of access points for vehicles and personnel to minimum levels, consistent with the requirement to maintain a reasonable flow of traffic
- Conduct safety training and emergency drills

YELLOW = ELEVATED

Yellow is declared when there is a significant risk of terrorist attacks. At this threat level, take the following steps:

Individual

- Develop alternate routes to and from work or school and practice them
- Review emergency plans with family and friends
- Be sure all emergency supplies are stocked and ready
- Be alert to suspicious activity and report it to law enforcement

Family

- Review disaster plans with family members
- Update your emergency communication plan as necessary
- Review stored disaster supplies and replace outdated items

Office/School

- Determine the need to restrict access to your business or school
- Contact vendors to confirm their emergency response plan procedures
- Be sure that all emergency supplies are stocked
- Check phone numbers in your emergency communications plan

ORANGE = HIGH

Orange is declared when there is a strong risk of terrorist attacks. At this threat level, take the following steps:

Individual

- Review family preparedness plan
- Exercise caution when traveling
- Take additional precautions at public events
- Check on neighbors or the elderly who have special needs
- Be alert to suspicious activity and report it to law enforcement
- Listen to news reports

Family

- Review disaster and communications plans with family members
- Discuss children's fears concerning possible terrorist attacks
- Listen to news reports

Office/School

- Determine the need to restrict access to your business or school, or provide extra security
- Review emergency plans
- Be alert to suspicious activity and report it to law enforcement
- Prepare to answer questions from the news media or parents

RED = SEVERE

Red indicates a high risk of terrorist attacks or that an attack has already occurred. At this threat level, take the following steps:

Individual

- Listen to radio or TV for instructions from officials
- Contact your office to determine the status of your work day or work site
- Follow any travel restrictions announced by local government authorities
- Be prepared to take shelter where you are or to evacuate if instructed to do so by local government authorities
- Be alert to any suspicious activity and report it to law enforcement

Family

- Follow instructions for Individual above
- Stay calm
- Listen to radio or TV
- Contact school and/or child care provider to determine status

Office/School

- Determine the need to close your business or school based on circumstances and in accordance with your written emergency plans
- Be prepared to work with a dispersed or smaller work force or to evacuate
- Ensure mental health counselors are available