

NC Farm to School



April 2015

2015 Art Contest Winners Announced

Winners will be honored May 15.

- Fallon White, Buncombe County
- Dylan Young, Wake County
- Bethany Arnold, Carteret County
- Sadie Cascio, Mecklenburg County
- Eva Pattillo, Columbus County
- Joseph Snow, Surry County
- Kaleb McNeill, Pitt County
- Rachel Scalpati, Randolph County
- Jenny Tran, Guilford County
- Nicholas Hirth, Brunswick County
- Autumn Wall, Wake County
- Ty McPhatter, Henderson County
- Peyton Miller, Wake County

New Promotional and Education Materials Available

NCDA&CS has been busy creating new materials for school nutrition staff to use in the cafeteria and in the classroom to promote farm to school.

We will be sending an email so you can pre-order materials. You can pick up your items when you pick up F2S calendars.

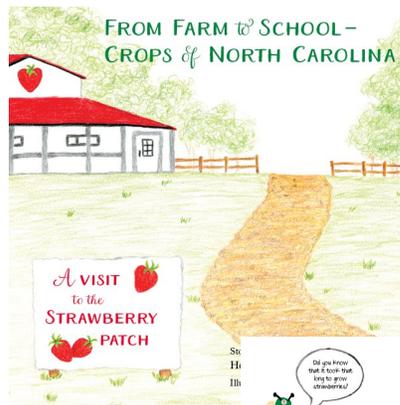
“From Farm to School - Crops of North Carolina” is a book that tells the story of strawberries from the farm to the school cafeteria. It includes photos and hand-drawn illustrations. It is designed to be used by school nutrition staff for classroom education. There is an Activity Guide which includes the NC core and essential standards and several activity sheets.

We also have several posters:

A Year in the Life of a NC
Strawberry

A Year in the Life of a NC
Watermelon

Ordering information will be sent
soon!



Featured Artwork

Josefina Houchard

Mitchell County, Deyton Elem.

Teacher: Katie Boone



The beds are covered in plastic, and ready for strawberry plants. This process is called plasticulture.



The bedder also lays irrigation tape under the plastic. The farmer will use the irrigation tape to irrigate, or water, the plants.



September is planting time! Farmers do not plant strawberry seeds, instead they plant plugs or bare-root starts. 2000 plants are planted per acre, all by hand! The farmer will place more plants in the field next year.



NC Farm to School Team

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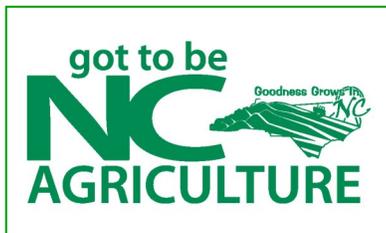
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Steve Troxler, Commissioner
of Agriculture



In the Truck

April 13	Kale, Collards
April 27	Strawberries, Romaine Lettuce
May 4	Strawberries, Romaine Lettuce



“Procuring Local Foods” Workshops a Success

Since January NCDA&CS has been traveling the state conducting “Procuring Local Foods” workshops.

This workshop focuses on how school nutrition staff can target buying local - whether it be local produce, meat, milk, eggs or any item used in your nutrition program. While we do talk about the NC Farm to School program, the majority of the presentation focuses on using formal and informal procurement methods to target buying local.

Through a series of hands-on activities we define “local”, discuss writing specifications and how to include a desire for purchasing local throughout bid documents. Participants leave with a better understanding of how to write bid documents that meet USDA guidelines.

The final two workshops will be held next week so there is still time to register:

April 13 - Deep River Event Center, Greensboro

April 17 - Hilton Garden Inn, Concord

These workshops have been supported by a Farm to School grant from USDA.

Serving Meals this Summer?

This year NCDA&CS will be offering a summer program during the following weeks:

June 12 - apple slices, bagged blueberries, cantaloupes, bagged grape tomatoes

June 26 - apple slices, bagged blueberries, cantaloupes, bagged grape tomatoes

July 10 - apple slices, bagged blueberries, cantaloupes, bagged grape tomatoes, sprite melons, seedless watermelons

July 24 - apple slices, bagged blueberries, cantaloupes, bagged grape tomatoes, sprite melons, seedless watermelons

Look for ordering information from Food Distribution in the next few months.